Recent research suggests that at least 14% of all road crashes involve the driver being distracted by something inside or outside the vehicle.

Distractions from within vehicles account for over a third of these ‘distraction’ crashes.

The biggest distractions inside the vehicle are:

- Adjusting the sound system
- Other passengers

Any distraction that takes attention away from the driving task significantly increases the chances of becoming involved in a crash.

When drivers are distracted or their attention is divided, they are more likely to make mistakes.

Reducing distractions means reducing the crash risk.

TIPS FOR PASSENGERS

Passengers can reduce distractions by:

- Adjusting the radio, digital music devices, or load CDs for the driver
- Never encouraging a driver to drive dangerously
- Keeping the noise down
- Alerting the driver to external hazards (pedestrians, speed limit change, road works, etc)


Youthsafe partners to prevent unintentional injury of young people.

Ph: (02) 9817 7847  Web: www.youthsafe.org