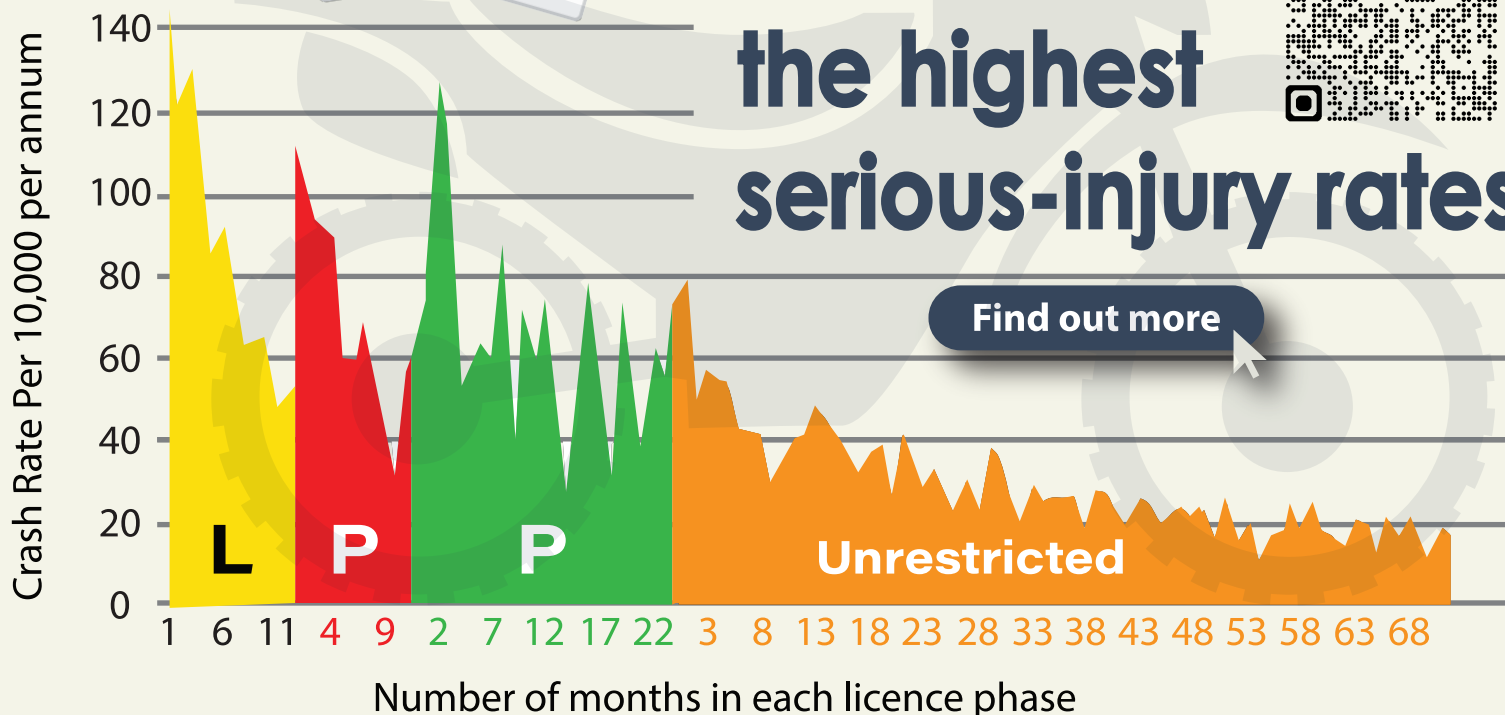




Young motorcycle riders have the highest serious-injury rates.



Find out more



Find out more



The right helmet, jacket, pants, gloves and boots all significantly reduce injury risk.

(See MotoCAP ratings for jackets, pants, gloves & helmets)

TIPS To reduce risk, young riders should:

- Gain experience in familiar areas before riding in more complex situations.
- Ride at your own pace; don't try to match more experienced riders.
- Choose protective gear that's been lab-tested.
- Sometimes it's safer to leave the bike at home and use other transport.

youthsafe



Youthsafe partners to prevent unintentional injury of young people.

Ph: (02) 9817 7847

Web: www.youthsafe.org