

YOUNG PEOPLE

PLAYING SPORT

IN

Australia, over 1.7 Million young people aged between 10 & 19 play an organised sport.

Find out more

AND...

Over
1,500,000
coaches
work with junior
sports players

Find out more

HOWEVER...

Organised sport has a

30%

DROP OUT RATE

9 BETWEEN AGES 19

DO YOU COACH TEENS?

Are you aware of...

- Your influence as a coach
- The what and why of teenage behaviour
- Teen disengagement
- The impact of positive coaching

Youthsafe's 'Coaching Teens' is an online session for coaches to understand their teenage players and help them have a life-long love of sport.

FIND OUT
MORE ABOUT
COACHING TEENS

TIPS

- Positive coaches foster strong relationships with their athletes, enhancing trust, respect and communication for greater influence and impact.
- Effective communication helps build trust, understanding and a shared sense of purpose between the coach and athlete, leading to improved performance and enjoyment of the sport.

youthsafe

 @youthsafe82

Youthsafe partners to prevent unintentional injury of young people.

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