

Reasoning / False Authority

Activity Sheet

Definition:

Giving someone reasons why they should or should not do something, even if the reasons are wrong or don't make sense.

Example scenario:

Joe wants everyone to enjoy his party but he also wants to put some limits in place to prevent problems and gatecrashers.

Sample REASONING / FALSE AUTHORITY negative peer pressure statements:

- 1. "Nobody will have any fun if there are adults around."
- 2. "Don't worry about invitations. Things won't get out of hand."
- 3. "You don't need any security. We can handle it if gatecrashers show up."

Your COMEBACK responses:

- **♦**
- **♦**
- **♦**

Joe's STOP Model

Gatecrashers keep turning up at parties and causing trouble.

- **S**: "The gatecrashers showing up are ruining it for everyone"
- **T**: "Everyone's always waiting for something bad to happen"
- **O**: "Let's organise some invitations and security for the next one"
- **P**: "Then we can just chill and have a good time" OR "If people have to worry about crashers showing up, they'll just stay away"

Your STOP Model

S:

T:

O:

P:

