

Disapproval

Activity Sheet

Definition:

Criticising someone and their decisions if they don't go along with what you want them to do.

Example scenario:

Alex's mates don't make plans to get home and expect him to drive them because he has a licence and a car.

Sample DISAPPROVAL negative peer pressure statements for Alex:

1. "Why won't you give us a lift? That's what mates are for"
2. "What sort of friend are you?"
3. "I can't believe you won't do it"

Your COMEBACK responses:

- ◆
- ◆
- ◆

Alex's STOP Model

He has a one-passenger limit but friends don't organise transport and always ask for lifts.

S: "I can't take everyone while I'm still on my p-plates"

T: "I'm still getting used to driving on my own"

O: "Why don't you share a taxi?"

P: "When I get a bit more experience I'll be able to take you all home"
OR "Mum won't let me touch her car again if she thinks I've taken you all home"

Your STOP Model

S:

T:

O:

P:



Alex

