

SESSION PLAN ONE:

Staying In Working Order

Staying safe at work is an important aspect of employment. The video scenarios highlight hazards in the workplace and strategies young workers can use to stay safe. Guided activities are offered to assist students in discussing the video scenarios and characters.

This session's themes are:

- Typical casual and part time jobs done by young workers
- WHS scenarios affecting young workers
- Strategies young workers can use to stay safer at work

Time required: 1 – 2 lessons

This session will help young people to:

- Identify some of the WHS hazards and risks present in a variety of work situations
- Identify strategies to remove or reduce WHS hazards or risks.

To run this session you will need to:

- Have access to the six video scenarios on YouTube:

<https://www.youtube.com/playlist?list=PLf4xhKx-oi3icthDZVF8fk9A25lu0pTTe>

- Read and make one copy of the *Teachers' Answer Sheet* (attached below)
- Print double sided copies of *Activity Sheet: In Working Order* (attached below)



Lesson Activities

Part One: In Working Order

1. Explain to students that they will be watching six young worker scenarios (or you can select one or more that suit). The key themes of the videos are:

- Typical casual and part time jobs done by young workers
- Some of the workplace WHS hazards and risks experienced by young workers
- Common types and causes of workplace injury sustained by young workers
- Strategies that young workers can use to stay safe at work

2. Distribute **Activity Sheet: In Working Order**

3. Play all or any scenarios. A discussion prompt screen will appear during the scenario. Either pause to discuss the question or allow the scenario to continue.

4. Ask students to complete the **Activity Sheet** after viewing each scenario. Review student answers.

5. Using the *Teachers' Answer Sheet*, ask questions to elicit further details and information from the videos.



Teachers' Answer Sheet

Kristen

Age: 17

Job: cafe waitress



Responsibilities	waiting tables, serving coffees, drink and food preparation, washing dishes
WHS Hazards	cutting implements and utensils (knives, graters, vegetable peelers), boiling/hot water and liquids (oil, coffee, tea, milk), equipment used in food preparation (oven, deep fryer, grills), wet/greasy floors, broken glass/crockery, cleaning chemicals
Barriers to WHS	no WHS orientation or training (showing how to do the job safely and training in identifying and reporting hazards), poor communication between staff about WHS hazards (out of order/wet floor signs, reporting hazards), no regular staff meetings to discuss WHS hazards
Injuries	cut on her finger (knife) and burnt wrist (boiling water)
Strategies	put up signs in the kitchen, encourage greater communication at work about WHS hazards, conduct regular meetings to discuss and resolve WHS hazards

DARCY

Age: 15

Job: lawn mower



Responsibilities	mowing grass, cutting edges, spraying weed killer, removing clippings and waste
WHS Hazards	power tools (whipper-snipper, lawn mower), non-powered hand tools (secateurs, hand clippers, hand saws, hammers, screwdrivers, pliers), manual handling (carrying and lifting equipment/garden clippings), hazardous chemicals (weed killer, fuel), being struck by objects (flying debris, tree branches)
Barriers to WHS	no WHS orientation or training (showing how to do the job safely and training in identifying and reporting hazards), inadequate/no use of personal protective equipment (goggles, earmuffs, sunscreen, boots, long pants), not following WHS procedures (not wearing/incorrectly wearing employer provided personal protective equipment)
Injuries	cut eye (mower)
Strategies	wearing necessary personal protective equipment correctly at all times, training in how to do the job safely and how to identify and avoid hazards, WHS procedures enforced by employer

Teachers' Answer Sheet

AMELIA

Age: 14 Job: babysitter



Responsibilities	supervising children, preparing meals, changing nappies
WHS Hazards	equipment used in food preparation (oven, microwave), cutting implements (knives), being struck by children and objects (playing, tantrums, accidents), manual handling (lifting/ lowering/ carrying/restraining children, toys and play equipment), biological hazards (vomit, runny noses, saliva, used nappies)
Barriers to WHS	no WHS orientation and training (showing how to do the job safely and training in identifying and reporting hazards), no manual handling training (safe techniques to avoid sprains and strains), hazardous workplace practices (taking/allowing children into kitchen during food preparation/ cooking, not restricting children's access to areas containing hazards)
Injuries	burnt hand (oven)
Strategies	set of written guidelines provided by employer on working safely, training in how to do the job safely, supervision while learning new tasks

JULIA

Age: 16 Job: supermarket checkout operator / shelf packer



Responsibilities	cash register, packing shelves, carrying boxes
WHS Hazards	manual handling (lifting/lowering/pulling/pushing/carrying/holding objects at checkout and shelves), working at heights (stacking shelves, getting items for customers), solid and liquid spills (dropped/damaged stock), using hand tools to open boxes and move shelving (retractable knives, screwdrivers)
Barriers to WHS	poor communication/reporting of WHS hazards, lack of WHS procedures to respond to WHS hazards
Injuries	fractured ribs (slipping on spilt milk)
Strategies	use a trolley to carry heavy/large objects, new procedures to report hazards, consultation with OHS committee to discuss and resolve workplace hazards

Teachers' Answer Sheet



PAT

Age: 16 Job: farmhand

Responsibilities	feeding and caring for animals, mustering, fencing, moving large/heavy objects
WHS Hazards	manual handling (lifting/lowering/pushing/pulling/holding of feed/equipment/fencing materials), kicking and biting animals (horses), trips and falls (tripping over rabbit hole), use of hand and power tools for fencing/cleaning/feeding/digging (shovels, pitchforks, hammers, hand saws, screwdrivers, electric drills), over-exertion and fatigue (lifting heavy loads, repetitive movements)
Barriers to WHS	lack of WHS orientation and training, including safe manual handling techniques (showing how to do the job safely and training in identifying and reporting hazards), not taking regular breaks to avoid fatigue, pressure or harassment to ignore WHS (abuse from brother for stopping work)
Injuries	strained back muscles (moving feed), bruised nose (rabbit hole), bitten by horses, cuts
Strategies	lift heavy items with someone else, training in safe manual handling techniques, regular WHS training and supervision in how to do the job safely

JOEY

Age: 15 Job: pizzeria worker



Responsibilities	getting equipment from store room, getting ingredients from cool-room, cleaning, waiting on tables
WHS Hazards	manual handling (lifting/lowering/pushing/pulling items on and off high shelves), hazardous cleaning materials (detergents, bleach, degreaser), extreme temperatures (cool room and pizza oven), slippery/wet floors (solid and liquid spills, recently mopped floors), fatigue (physically demanding work, long shifts), hazardous workplace practices (not using a ladder to work at heights, lifting items down from high shelves unsafely)
Barriers to WHS	lack of safety equipment (no ladder provided to work safely at heights), pressure or harassment to ignore WHS (being ridiculed/ intimidated/ ignored/sacked after expressing WHS concerns, being injured or almost injured at work), no manual handling training (safe techniques to avoid sprains and strains)
Injuries	strained neck muscles (falling off table)
Strategies	speak up about WHS concerns, get and use the correct equipment to do the job safely

ACTIVITY SHEET: Young Worker Scenarios



KRISTEN

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR KRISTEN?

STRATEGIES



AMELIA

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR AMELIA?

STRATEGIES

ACTIVITY SHEET: Young Worker Scenarios



DARCY

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR DARCY?

STRATEGIES



JULIA

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR JULIA?

STRATEGIES

ACTIVITY SHEET: Young Worker Scenarios



PAT

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR PAT?

STRATEGIES



JOEY

JOB TASKS

WHAT ARE THE WHS HAZARDS? (Workplace Dangers)

WHAT MAKES BEING SAFE AT WORK HARDER FOR JOEY?

STRATEGIES