

YOUNG PEOPLE

ALCOHOL

In Australia

About **1 in 5** aged 14 or older had put themselves or others at risk of injury or harm while drinking in the previous 12 months

[Find out more](#)

THE LAW

BY LAW IN NSW, alcohol cannot be served to minors (under 18) without their parent or guardian's consent... **EVEN IN YOUR OWN HOME**

[Find out more](#)



ADULT SUPERVISION at youth celebrations **REDUCES THE RISK** of injury or harm

Get home safely

- Book a **TAXI** or **RIDESHARE** service
- Plan **PUBLIC TRANSPORT**
- Organise **LIFTS**
- Ask to **STAY OVERNIGHT**



ADOLESCENT BRAINS ARE...

MORE sensitive to alcohol induced damage

LESS sensitive to cues that could moderate alcohol intake

[Find out more](#)



The proportion of young people aged 14-17 years who are **choosing not to drink** has risen

[Find out more](#)

TIPS

When hosting a party you don't need to hover over guests but make sure you are a visible presence.

If your teen is going to a party, contact the host beforehand to check security, alcohol and transport arrangements.

youthsafe

@youthsafe82

Youthsafe partners to prevent unintentional injury of young people.

Ph: (02) 9817 7847 Web: www.youthsafe.org