

Activity Two: Plan2 Scenarios

Key themes:

- Typical social activities young people engage in when out with friends.
- The benefits of planning how to get around safely.

This activity will help young people to:

- Identify a range of strategies and options for staying safe and well when out with friends.
- Develop an awareness of how to put plans for getting around safely into action.

Time required:

- Approximately 2 lessons.

To run this activity you will need to:

- Have a copy of the Plan2 DVD.
- Have a laptop and data projector or DVD player and monitor.
- Print a double-sided copy of **Plan2 Tips to Get around Safely** for each student (attached below).
- Print and read a copy of the **Teachers' DVD Discussion Guide**

Activity Two:

1. Explain to students they will be watching a DVD about groups of young people making plans to get around safely while out, e.g. going to a school formal, a music festival, a club or pub, a late night event, etc.
2. Show the first scenario, "Introduction / The Formal".
3. Distribute copies of **Plan2 Tips to Get around Safely** (attached below).
4. Before playing each DVD scenario, brainstorm how students could plan to get around safely in the selected scenario, e.g. going to a music festival. Ask students to record their responses on the **Plan2 Tips to Get around Safely** sheet.

Brainstorm hints: how to get there and back; who else is going; a meeting point before/during the event; intended arrival and departure times; how much money is required; planning activities while there; having enough to eat and drink; any protective gear required, e.g. helmet; pre-booking tickets/accommodation/transport; organising a back-up plan; browsing and organising things online; limiting passengers while on P-plates; wet weather gear;

5. Play the selected scenario and pause the DVD when the countdown timer appears. Discuss the question that appears on the screen, e.g. how did Ron and Seb plan2 ride safely?
6. Continue the DVD and check the **Plan2 Tips to Get Around Safely** together.
7. Ask students to add any plans they have not already recorded on the **Plan2 Tips to Get around Safely** sheet.

Alternative Activity Two: Literacy-building recap

After viewing each scenario, ask students to use **Plan2 Tips to Get around Safely** to complete a running dictation.

- Print several copies of the **Teachers' DVD Discussion Guide** and place these in various locations around the room.
- Ask students to form teams (pairs or small groups).
- Explain that all team members are to take turns at reading a *plan2 tip* and dictating it to their team/partner – until all the tips are recorded by all team members.
- Ask the first readers to dictate the first *plan2 tip* to their teams/partners. (Readers can go back to read the *plan2 tips* as often as they wish).
- Swap to the next reader for the next *plan2 tip* and continue swapping until the team/pair has written all the *plan2 tips*.
- The winners are the first team to correctly record all the *plan2 tips*.

Plan2 Tips to Get Around Safely

Use the recap points at the end of each scenario to complete the boxes below and include tips of your own.

Introduction / School Formal

Book a ride to and from a special event, e.g. limousine, classic car, taxi, mini-bus, etc.	

Music Festival – Plan2 browse

Locate public and private transport providers online.	

Plan2 Challenge – Plan2 party

Don't plan2 walk long distances home after drinking, especially when alone.	

The Red P-Plater – Plan2 drive

Limit passengers during the first few months of solo driving.	

Movie Marathon – Plan2 go out

Charge mobile phones before going out.	

The Bike Riders – Plan2 ride

Wear a helmet that fits correctly.	

End of Year Trip – Plan2 travel

Choose accommodation within walking distance of what you plan to do.	

Teachers' DVD Discussion Guide

Introduction / School Formal

Plan2 tips for getting around safely on special occasions

Pre-book a ride to and from a special event, e.g. limousine, classic car, taxi, mini-bus, etc.	Plan to stay overnight or invite friends to stay over to avoid fatigued / drunk / drugged driving.
Plan transport to and from events in advance and tell family / friends what is happening.	Ask family / friends to help with transport. Try to include more than one person to avoid driver fatigue.
Share transport with friends to save money and effort.	Always thank family / friends for helping out.

Music festival – Plan2 browse

Plan2 tips for using the internet to get around safely

Use the internet to plan trips and get around safely.	Check online for changes to regular transport timetables in metro areas.
Locate public and private transport providers online.	Email (or text) public and private transport details to mobile phones.
Check train, bus and ferry timetables online.	Check online to see what friends are doing and plan to travel together.
Email or text travel plans to family or friends so they know what you are doing.	Always include a back-up plan in case things change unexpectedly.
Pre-book tickets to events.	Don't post personal details online or use social media, email or text messages to invite people to private events.

Plan2 Challenge – Plan2 party

Plan2 tips for getting around safely while out partying

Don't walk long distances home after drinking, especially when alone.	Plan to go home while transport is still available.
Don't get into a car with a driver who has been drinking.	Check the location of taxi stands, bus stops and train stations before going out.
Leave the car at home if you are going to be drinking and check your blood alcohol content is zero before driving the next day.	Arrange to share transport and/or travel home with friends.
Collect money for fares from friends at the start of the night.	Use online fare calculators to check taxi, bus and train fares before going out.

The Red P-Plater – Plan2 drive

Plan2 tips to drive safely

Limit passengers during the first few months of solo driving.	Switch off mobile phones and keep other distractions out of reach.
Avoid cruising while getting used to solo driving.	Keep music low enough to hear what is happening in and around the car.
Ask permission to take the car.	Don't change music/CDs while driving.
Have a written agreement with parents/family/friends about how, why, when and where the car is taken.	Have a plan for dealing with noisy or distracting passengers.

Movie Marathon – Plan2 go out

Plan2 tips to stay out late safely:

Charge mobile phones before going out.	Get plenty of sleep before going out to avoid fatigue (or falling asleep while out).
Check times for public transport and text them to mobile phones to keep them handy.	Organise a lift.
Have a good meal before going out, especially if drinking alcohol.	Have a back-up plan in case things like transport and events don't go as expected.
Check in regularly and let family or friends know if plans change.	Tell parents or friends where you are going, what your plans are and what time you are due home.

The Bike Riders – Plan2 ride

Plan2 tips to cycle and skate safely:

Plan routes with less traffic and hazards.	Wear bright/light-coloured clothing during the day and reflective clothing at night.
Use cycle-paths when available.	Have a bell or horn on your bike.
Wear a helmet that fits correctly.	Don't cycle or skate behind reversing vehicles.
Watch out for traffic on the road and also from driveways, car parks, level crossings, etc.	When riding at night or in hazardous weather: Display a steady or flashing WHITE light at the FRONT. Display a steady or flashing Red light and a red reflector at the REAR of the bike.

End of Year Trip – Plan2 travel

Plan2 tips to stay safe and well while on holidays

Choose and pre-book accommodation within walking distance of what you plan to do.	Walk home with someone you know.
Don't accept drinks from strangers.	Take extra care around roads after drinking.
Watch out for each other.	Tell friends if plans change.
Don't invite strangers back to accommodation.	Walk home using well-lit routes with people around.
Organise a Medicare card and travel insurance.	Plan your budget well in advance.